



2014 NEWPORT BERMUDA RACE®

**Deadline:
Newport Check-In**

CPR AND FIRST AID CERTIFICATE LIST

2014 Newport Bermuda Race® Safety Requirements 5.6 requires “Two crew members must have current CPR and First Aid Certifications.”

Required On-Board Documentation (NOR 6.2 e.) This document AND COPIES OF THE CERTIFICATES are to be kept on board for the duration of the race.

Yacht Name: _____ Sail No: _____ Captain: _____

FIRST AID CERTIFICATES

The following two members of the yacht’s Newport Bermuda Race® crew have completed an approved First Aid Course:

<u>Crew Name</u>	<u>Expiration Date on Certificate</u>	<u>Issuing Agency</u>
_____	_____	_____
_____	_____	_____

CPR CERTIFICATES

The following members of the yacht’s Newport Bermuda Race® crew have a current CPR certificate:

<u>Crew Name</u>	<u>Expiration Date on Certificate</u>	<u>Issuing Agency</u>
_____	_____	_____
_____	_____	_____

NOTE. The following courses are accepted in the U.S. as meeting the first aid training requirements for Offshore races:

- American Heart Association: Heartsaver FACTS – includes Heartsaver first aid course and AED (Automated External Defibrillator) training. Certification for 2 years.
www.americanheart.org
- American Red Cross: First Aid, Standard First Aid (taught with Adult CPR), and First Aid Basics (when taught alone as a community course). Certification for 3 years.
www.redcross.org
- American Safety and Health Institute: Basic First Aid. Certification for “up to” 3 years.
www.hsi.com/ashi/programs
- National Safety Council: First Aid or Standard First Aid (when taught with CPR). Certification for 3 years www.nsc.org

ORGANIZED BY THE CRUISING CLUB OF AMERICA AND THE ROYAL BERMUDA YACHT CLUB

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