

Hi everyone!

My name is Annie and I raced with the MudRatz on Dreamcatcher in the 2018 NBR. A large part of our campaign focused on sustainability. As Environmental Stewards, your job is to make your own race campaign a bit more environmentally conscious. I wanted to lay out some suggestions for you all to use or adapt in a way that works for you and your team as you wish! Thank you for making the health of the environment a priority!

Some of the things that my team did back in 2018 are as follows:

- Bamboo toothbrushes with our initials painted on them
- At least one meal a day was meatless (Meatless Mondays!)
- No avoidable single-use plastics onboard
- Reusable water bottles with our initials
- Laid a tarp under the boat during hull maintenance to avoid toxins entering the environment
- Chose to use environmentally friendly bottom paint
- No disposable utensils
- Participated in the Clean Ocean Access Balloon Tracking campaign
- Attended a beach cleanup in Bermuda hosted by Keep Bermuda Beautiful following the race finish
- Provisioned with as little plastic packaging as we could
- Saved all recyclable materials onboard until race finish when we could dispose of them properly

I also suggest removing as much plastic and other packaging materials as possible when provisioning to avoid the risk of pollution entering the ocean. You don't have to avoid meat entirely to reduce your carbon footprint; choosing even once a week to not eat meat makes a difference! Please join me in sharing your ideas to this page so that we can all work together to make the 2022 Newport to Bermuda Race more sustainable!

Thank you!

Feel free to contact me and the Green Team at: greenteam@bermudarace.com